

How Our Services Are Offered

Through various activities adjusted to the different phases that mothers and children go through:

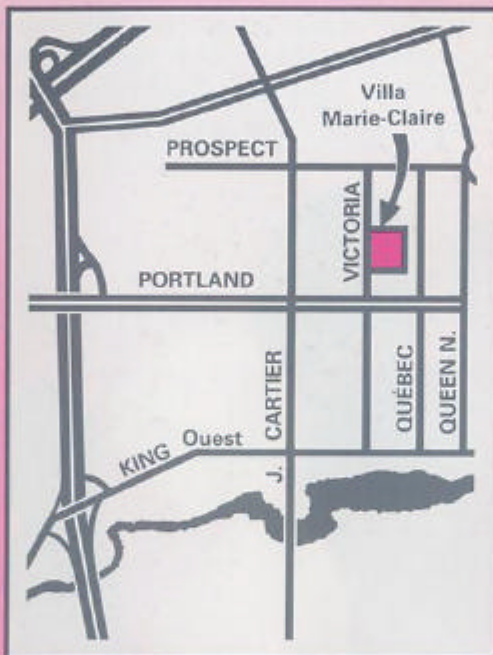
- Early pregnancy
- During pregnancy and following childbirth
- When the child is newborn and / or during early childhood
- During the transition or full integration to apartment living

Some of these activities are also offered to fathers who wish to get involved in them in any given period of fatherhood.

Districts Served by Villa Marie-Claire inc.

Our services are available and accessible in every MRC of Estrie.

This means that, besides Sherbrooke MRC, we serve Granit, Haut-St-François, Val St-François, Coaticook, Asbestos, and Memphremagog MRCs.



Villa Marie-Claire inc.

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Who We Are

Villa Marie-Claire is a centre for mothers in difficulty, whether they are teens or adults. Services are offered during pregnancy, right after childbirth, and all through the child's early years (newborn to 5 years old).

Who We're Here For

- Any pregnant woman, whether teen-aged or adult, going through major difficulties and needing significant help to **make a decision** about terminating the pregnancy, keeping the child, or giving the child up for adoption.
- Any woman who decides to have her baby and needs attentive support **all through her pregnancy**.
- Any mother in difficulty who needs support as a **parent** and ongoing help appropriate to her needs as she develops her parenting skills.
- **Any father interested** in developing his parenting skills or wanting appropriate support during certain phases of **fatherhood**.

Why We're Here

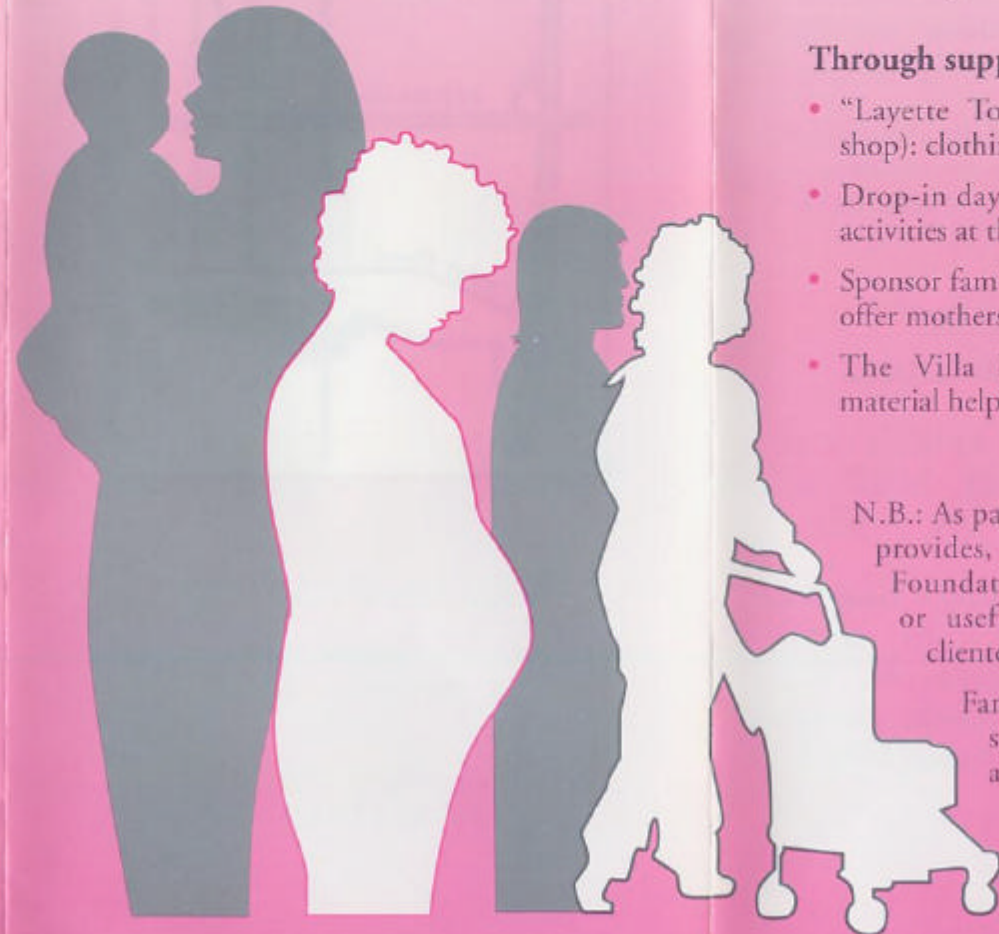
The centre's general goal is to help mothers adjust to parenthood.

How We Go about it

Through residential services:

Villa Marie-Claire provides a family-style environment for young mothers who need to leave their usual surroundings for a while. Intake, accomodation, educational, and support services are provided.

Residential services are available to both pregnant women and mothers with children. They are offered to meet brief respite needs or for longer periods.



Through outdoor services:

- In-home follow-up: help with the development of parenting skills.
- Day centre:
 - "Parent-child" workshops
 - "Make room for Daddy" workshops
 - Evenings events
 - Activities
- Transition housing (apartments)
- Programme of individually tailored schooling

Through support services:

- "Layette Tom Pouce" (Tom Thumb shop): clothing and furniture exchange
- Drop-in daycare so mothers can attend activities at the Villa
- Sponsor families: volunteer families who offer mothers respite services
- The Villa Marie-Claire Foundation: material help

N.B.: As part of the support services it provides, the Villa Marie-Claire Foundation accepts gifts of money or useful objects for the Villa's clientele.

Families wishing to offer their services as sponsor families are very welcome to contact us.